

#### **COMPREHENSIVE STD PANEL**

#### **TEST DESCRIPTION**

Sexually transmitted diseases (STDs) are also known as sexually transmitted infections (STI). This refers to a group of infections that can be spread from one person to another through sexual contact. Treatment of STDs depends on the type of infection. HIV, Herpes, Hepatitis B, Hepatitis C, and HPV are caused by viruses. Chlamydia, gonorrhea, and syphilis are bacterial infections, and trichomoniasis is a parasitic infection.

STDs are common, and it is possible to have an STD and not realize it. Symptoms of STDs can vary- some people might experience significant symptoms, and others might not have any symptoms at all. Even if people do not feel any symptoms, they can still spread STDs. This is why STD testing is so important.

Early detection is essential for STD treatment. If you think you may have been exposed to an STD, or if you simply want to get tested, then the Comprehensive STD Panel could be a good option for you. This panel looks for HIV, syphilis, herpes (HSV1 & HSV 2), gonorrhea, chlamydia, hepatitis B, and hepatitis C. If you are interested in testing for additional STDs, you should consider the Comprehensive STD Plus Panel, or the Comprehensive STD Platinum Panel.

## **Am I required to fast?**

No, you are not required to fast prior to the test.

## What kind of sample is required?

A blood sample and a urine sample are required for the test. A vaginal swab (for females) may also be used.

## How long will it take to get my results?

Results are typically available within 3-5 business days after the lab receives your sample.

## <u>Is a doctor's order required?</u>

Either we provide the doctor's order for the lab test at no additional cost, or we accept your physician's order.

# Do I need to make an appointment?

No, you are welcome to walk in for same-day testing. We make it easy for you by offering work-friendly hours.

#### If I have questions about my results, who should I contact?

We recommend you share your results with your healthcare provider.

#### **WRITTEN BY:**

#### **EKAN ESSIEN, MD, MPH MEDICAL DIRECTOR**

Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.